

# Reading Assignment 15 (Internal Regulation)

## Read This Information

Kalat Chapter 7 (11<sup>th</sup> edition or Chapter 1 (12<sup>th</sup> edition)

Casually read these sites:

<http://www.webmd.com/brain/chronic-fatigue-syndromemyalgic-encephalomyelitis>

[http://en.wikipedia.org/wiki/Chronic\\_fatigue\\_syndrome](http://en.wikipedia.org/wiki/Chronic_fatigue_syndrome)

<http://www.webmd.com/a-to-z-guides/autoimmune-diseases>

## Know These Terms

acromegaly  
adenohypophysis  
adrenaline (epinephrine)  
adrenocorticotropic hormone  
anterior  
anterior hypothalamic nucleus  
audition  
Babinski-Fröhlich syndrome  
basal ganglia  
cerebral palsy  
cortisol  
CFIDS  
Cushing's disease  
diabetes insipidus  
disinhibition principle  
dorsal thalamus  
dorsomedial hypothalamic nucleus  
epithalamus  
eye movements  
fatal familial insomnia  
fight-flight  
foreign accent syndrome  
Frolich's syndrome  
ganglia  
GHRH  
GnRH  
growth hormone-releasing hormone (GHRH)  
hemiballismus  
Huntington's disease  
hyperpituitarism (adenoma)  
hyperthyroidism  
hypopituitarism  
hypothalamic infantilism-obesity  
hypothalamus  
inferior colliculus  
kinesia paradoxica  
Korsakoff's syndrome  
lateral geniculate nucleus (LGN)  
lateral hypothalamus  
lateral preoptic nucleus  
Launois-Cleret syndrome  
limbic system  
magnocellular neurons (large)  
master endocrine gland  
medial geniculate nucleus (MGN)  
medial preoptic nucleus  
medium spiny  
motivation  
myalgic encephalomyelitis (ME)  
neurohypophysis  
nuclei  
pallidum  
paralysis of will  
Parkinson's disease  
parvocellular neurons  
perceived threat  
Pickardt-Fahlbusch syndrome  
pituitary gland  
pituitary stalk (infundibular stem)  
posterior  
reticular nucleus  
secretes ACTH  
secretes ADH (antidiuretic hormone)  
secretes Beta-endorphin  
secretes FSH (follicle- $\beta$  hormone)  
secretes growth hormone (GH or HGH)  
secretes hormones  
secretes LH (lutropin)  
secretes LTH (luteotropic)  
secretes Oxytocin  
secretes Prolactin (PRL)  
secretes TSH  
secretion of melatonin (pineal)  
sexual infantilism  
sexually dimorphic nucleus  
Sheehan syndrome  
somatostatin  
somatotropin

stress hormone  
striatum  
substantia nigra  
subthalamic nucleus  
superior colliculus  
suprachiasmatic nucleus  
thalamic syndrome  
thalamo-cortical-thalamic circuits

thalamus  
thyroid gland  
thyroid-stimulating hormone  
tuberal  
vasopressin  
ventral thalamus  
ventro-medial hypothalamus  
VTA→NA reward system

## Answer These Questions

1. What is the relationship between the thalamus and the hypothalamus?
2. Describe internal regulation, including homeostasis, set point, negative feedback and allostasis.
3. Explain the hormonal changes during a menstrual cycle.
4. What is an autoimmune disorder? Please give an example.
5. What did you find difficult or confusing in this section? If nothing was difficult or confusing, what did you find most interesting?